

NH Indoor Track and Field

Point Scoring

-Scoring in regular meets will be 6 places-

Running and Field Events	Relays
6-5-4-3-2-1	12-10-8-6-4-2

Order of Events

Running Events (Girls First)	Field Events
3000m	Girls High Jump
55mH (Trials then finals)	Girls Shot Put*
55m (Trials then finals)	Boys Long Jump*
1000m	Following conclusion of above events
600m	Boys High Jump
300m	Boys Shot Put*
1500m	Girls Long Jump*
4x400m Relay	
4x200/160m Relay	

*In the Shot Put and Long Jump athletes will have 3 measured attempts. An extra attempt will be earned by meeting or exceeding the Division II Open Meet qualifying mark.