

# INDOOR TRACK QUALIFYING STANDARDS

## DIVISION II

|              | <u>Boys</u>                 | <u>Girls</u> |
|--------------|-----------------------------|--------------|
| Shot Put     | 40' 0"                      | 29' 0"       |
| High Jump    | 5' 8"                       | 4' 10"       |
| Long Jump    | 19' 3"                      | 15' 3"       |
| 55m Hurdles  | 9.04                        | 9.74         |
| 55m Dash     | 6.94                        | 7.74         |
| 300m Dash    | 39.24                       | 44.74        |
| 600m Run     | 1:30.24                     | 1:46.24      |
| 1000m Run    | 2:46.24                     | 3:15.24      |
| 1500m Run    | 4:25.24                     | 5:10.24      |
| 3000m Run    | 9:40.24                     | 11:10.24     |
| 4x800m Relay | Top 9 based on Battlenotes  |              |
| 4x400m Relay | Top 15 based on Battlenotes |              |
| 4x160m Relay | Top 16 based on Battlenotes |              |